

ALLERGY INFORMATION
 If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination. Our Refined Soybean oil (produced from genetically modified soya)

Available Daily

- Bread with butter
 - Jacket Potato with Cheese

Dessert
 - Fruit



ALLERGEN KEY

A Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs
H Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

Week 1

Week 2

5th Jan / 16th Feb

12th Jan / 23rd Feb

Monday

Meat Free Day

- ✓ Creamy Tomato Pasta served with Sweetcorn (A, I)
- ✓ Jacket Potato served with a choice of cheese/beans (A, I)
- S Salad
- D Fruit

Meat Free Day

- ✓ Lentil Dhal Curry served with Bombay Potato & Basmati Rice
- ✓ Jacket Potato with a choice of Cheese/Beans (A, I)
- S Salad
- D Sliced Fruit

Tuesday

- M Chicken & Bell Pepper Curry served with Rice
- ✓ Chickpea & Potato Curry served with Rice
- S Salad
- D Sponge Cake with Custard (A, I, G)

- M BBQ Chicken served with Roast Potatoes & Carrots (A, H)
- ✓ Cheese Toastie (A, I)
- S Salad
- D Cake served with Custard (A, G, I)

Wednesday

- M Shepherd's Pie served with Carrots & Gravy (A, I, J)
- ✓ Veggie Wrap (A)
- S Salad
- D Crackers with Cream Cheese (A, I)

- M Mutton Meat served with Pitta
- ✓ Vegetable Chicken Corn Wrap
- S Salad
- D Fruit

Thursday

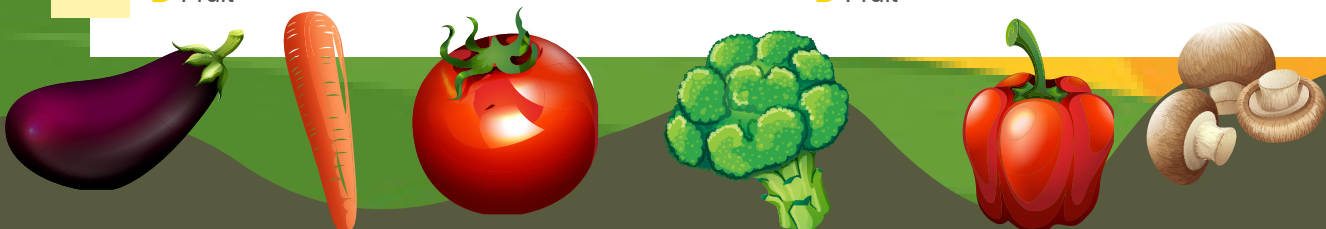
- M Grilled Meat Burger served with Wedges (A)
- ✓ Pasta Bake ((A, I)
- S Salad
- D Carrot Cake (A, G, I)

- M Cajun Chicken Pasta Sauce served with Pasta & Carrots (A, J)
- ✓ Roasted Corn & Cheese Quesadilla served with Carrots (A, I)
- S Salad
- D Brownies (A, G)

Friday

- M Fish Fingers & Chips served with Baked Beans (A, D)
- ✓ Quorn Crispy Nuggets in Wrap (A, I)
- S Salad
- D Fruit

- M Fish Fingers & Chips served with Peas or Baked Beans (A, D)
- ✓ Mac 'N' Cheese (A, I)
- S Salad
- D Fruit



ALLERGY INFORMATION
 If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination. Our Refined Soyabean oil (produced from genetically modified soya)



Available Daily
 - Bread with butter
 - Jacket Potato with Cheese
 Dessert
 - Fruit

ALLERGEN KEY

A Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs
H Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide



Week 3

Week 4


19th Jan / 2nd Mar

26th Jan / 9th Mar


Monday

| | |
|---|---|
|  <ul style="list-style-type: none"> ✓ Spaghetti served with Tomato Sauce, Cheese & Sweetcorn (A, I) ✓ Jacket Potato served with a choice of Cheese/Beans (A, I) S Salad D Fruit |  <ul style="list-style-type: none"> ✓ Creamy Macaroni with Tomato Sauce served with Broccoli (A, I) ✓ Jacket Potato served with a choice of Cheese/Beans (A, I) S Salad D Fruit |
|---|---|



Tuesday

| | |
|---|---|
|  <ul style="list-style-type: none"> M Chicken Tikka curry served with Fragrant Flavoured Rice ✓ Bombay Sandwich (A) S Salad D Yoghurt (I) |  <ul style="list-style-type: none"> M Roast Chicken with Yorkshire Pudding, served with Gravy & Sweetcorn ✓ Cheese & Onion Pie served with Baked Beans (A, I) S Salad D Sponge Cake served with Custard (A, G, I) |
|---|---|



Wednesday

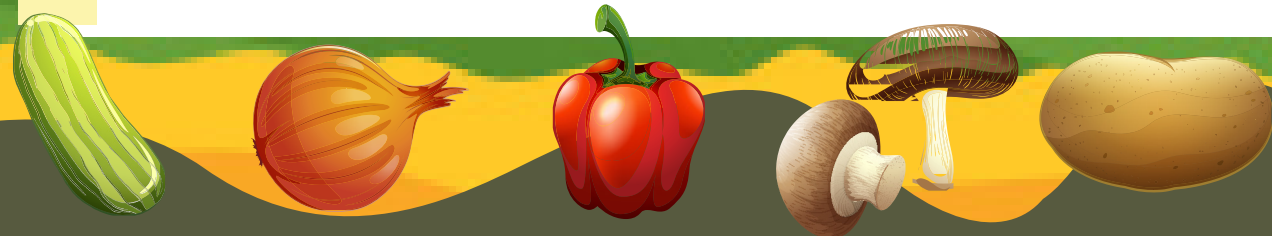
| | |
|--|--|
|  <ul style="list-style-type: none"> M Meat Burger served with Potato Wedges (A) ✓ Jacket Potato served with a choice of Cheese/Beans (A, I) S Salad D Crackers & Cream Cheese or Fruit (I) |  <ul style="list-style-type: none"> M Spaghetti Bolognese served with Sweetcorn & Carrots (A, I, J) ✓ Cheese & Broccoli Pasta Bake (A, I) S Salad D Fruit or Yoghurt (I) |
|--|--|

Thursday

| | |
|--|---|
|  <ul style="list-style-type: none"> M BBQ Chicken Pizza with Sweetcorn served with Pasta (A, I) ✓ Margherita Pizza with Sweetcorn & Slaw (A, G, I) S Slaw (G) D Chocolate Cake & Custard (A, G, I) |  <ul style="list-style-type: none"> M Chicken Fillet Burger served with Peri Peri Wedges (A, H) ✓ Vegetable Chow Mein (A, H) S Salad D Shortbread Biscuits (A, I) |
|--|---|

Friday

| | |
|--|---|
|  <ul style="list-style-type: none"> M Fish Fingers & Chips served with Baked Beans (A, D) ✓ Cheese Wrap (A, I) S Salad D Fruit |  <ul style="list-style-type: none"> M Fish Fingers & Chips served with Baked Beans (A, D) ✓ Quorn Crispy Nuggets in a Wrap (A, I) S Salad D Fruit |
|--|---|





ALLERGEN KEY

A Gluten B Crustaceans C Molluscs D Fish E Peanuts F Nuts G Eggs
H Soybeans I Milk J Celery K Mustard L Lupin M Sesame N Sulphur Dioxide

Week 5

2nd Feb / 16th Mar

Week 6

9th Feb / 23rd Mar

Monday



- V Cheesy Broccoli Pasta Bake served with Mixed Vegetables (A, I)
- V Jacket Potato with a choice of Cheese/Beans (A, I)
- D Fruit



- V Vegetarian Fried Savoury Rice served with Raita (I, G)
- V Jacket Potato with a choice of Cheese/Beans (A, I)
- S Salad
- D Fruit

Tuesday



- M Mango & Lime Chicken served with Rice
- V Buffalo Cauliflower Wings served with Potato Wedges (A, I)
- S Salad
- D Chocolate Brownie (A, G, I)



- M Jerk Chicken served with Roast Potatoes, Sweetcorn & Gravy (A, H)
- V Chickpea Curry served with Pitta (A)
- S Salad
- D Flapjacks (A, I)

Wednesday



- M Bangers & Mash served with Baked Beans & Gravy (A, I, H, J)
- V Spinach Tart (A, I)
- S Salad
- D Yoghurt (I)



- M Mince & Potato Curry served with Pitta (A)
- V Corn Mince & Potato Curry served with Pitta Bread (A, G)
- S Salad
- D Jelly

Thursday



- M Sweet & Sour Chicken served with Noodles & Green Beans (A, H)
- V Egg Fried Rice (G)
- S Salad
- D St Clement Cake (A, G, I)



- M Tandoori Chicken Pizza served with Garlic Bread (A, I)
- V Margherita Pizza served with Garlic Bread (A, I)
- S Coleslaw (G, I)
- D Chocolate Sponge Cake served with Chocolate Custard (A, G, I)

Friday



- M Fish Fingers & Chips served with Baked Beans (A, D)
- V Pizza Baguette served with Chips (A, I)
- S Salad
- D Fruit



- M Fish Fingers & Chips served with Baked Beans (A, D)
- V Mac 'N' Cheese (A, I)
- S Salad
- D Fruit

