

Al Noor PRIMARY SCHOOL  
Menu



8<sup>th</sup> Mar – 19<sup>th</sup> Apr – 31<sup>st</sup> May – 12<sup>th</sup> Jul

**ALLERGEN KEY**

**A** Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs  
**H** Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

**Monday Meat free day**

- V** Wholemeal Penne Pasta Bake Served with Sweetcorn, Peas Carrots & Green Beans (A, I)
  - V** Filled Baked Jacket Potato with a choice of Cheese/Beans (A, I)
    - S** Seasonal Salad
    - D** Oranges or Melon

**Tuesday**

- M** Chinese Style Crispy Chicken with Carrots served with boiled Rice (H)
  - V** Cheese & Onion Pie served with Seasoned Baked Beans (A, I)
    - D** Apple strudel with custard (A, I)

**Wednesday**

- M** Traditional Cottage Pie served with Broccoli (I)
- V** Noodles Served With spring Onion, coriander and ginger paneer (H, I)
  - S** Seasonal Salad
  - D** Chocolate Brownies & Fruit Slices (A, G, I)

**Thursday**

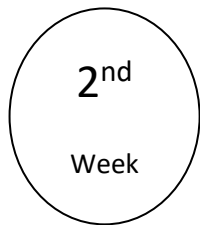
- M** Chicken Wraps Served With mixed With Veg
  - V** Vegetable Curry served with Rice
  - S** Cucumber Sticks
  - D** Fruit Slices (Melon/Pineapple/Grapes)

**Friday**

- M** Breaded Fish Fingers Served with Chips & beans (A, D)
  - V** Creamy Mac “N” Cheese (A, I)
  - S** Fresh Green Salad
  - D** Homemade cinnamon banana bread with poppy seeds

**ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER**

**WE RESERVE THE RIGHT TO MAKE CHANGES TO THE MENU BUT WILL NOTIFY THE SCHOOL BY 8.30AM ON THE DAY EFFECTED**



Al Noor PRIMARY SCHOOL  
Menu



15<sup>th</sup> March – 26<sup>th</sup> Apr – 7<sup>th</sup> Jun – 19<sup>th</sup> Jul

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**Monday Meat free day**

- V** Bombay Potato Curry, Lentil Dhal Served with Basmati Indian flavoured Rice & Poppadum's or Pakoras (A)
- V** Filled Baked Jacket Potato with a choice of Cheese/Beans (A, I)
- S** Carrot Sticks
- D** Sliced Fruit (Oranges/Apples & Grapes)

**Tuesday**

- M** Grilled Butterfly Chicken Served with wedges, Sweetcorn & Broccoli.
- V** Quorn (G) Chow Mein with Noodles (A, H) Served With Prawn Crackers (D)
- S** Salad sticks
- D** Roly Poly Sponge Cake with Custard (A, G, I)

**Wednesday**

- M** Great British Bangers and Mash Potato Served with Steamed Carrots and Gravy (A)
- V** Cheese & Tomato pasta
- S** fresh green Salad
- D** Hungarian Tart or Fruit (A, I)

**Thursday**

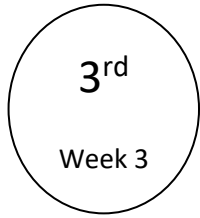
- M** Sweet & Sour Chicken with Red & Green Peppers served with Rice (H)
- V** Cheese & Tomato Baguette (A, I)
- S** cucumber sticks
- D** Jelly & Ice Cream (A, G, I)

**Friday**

- M** Golden Fish Fingers Served with Chips & Baked Beans (A, D)
- V** Creamy Mac "N" Cheese (A, I)
- S** Fresh Green Salad
- D** Rice Pudding or Cinnamon Buns (I)

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Al Noor PRIMARY SCHOOL  
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22<sup>nd</sup> March – 3<sup>rd</sup> May – 14<sup>th</sup> Jun – 19<sup>th</sup> Jul

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**Monday Meat free day**

- V** Pinwheels filled with meat free mince (A,G)
- V** Filled Baked Jacket Potato with a choice of Cheese/Beans (A, I)
  - S** Raita or yogurt
  - D** Sliced Apples & Pears

**Tuesday**

- M** Roast Chicken Served with Roast potatoes, Yorkshire Pudding & Sweet corn
  - V** Cheese & Onion Potato Shell served with bbq Baked Beans (A, I)
    - S** Pasta Salad (tomato, cucumber, lettuce, peppers)
  - D** Classic Chocolate Sponge Cake & Chocolate Custard (A, G, I)

**Wednesday**

- M** Sweet Chilli Chicken Fajita wrap served with rainbow rice & Sweetcorn (A)
  - V** Vegetable pastry slice with potatoes and gravy (A)
    - S** Salad
    - D** Mixed Fruit

**Thursday**

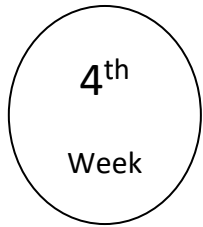
- M** Classic Mince & Tatties mixed with carrots & Sweet corn (I)
  - V** Vegetable Quiche (A, G, I)
    - S** Fresh green Salad
  - D** Apple Crumble Served with Ice Cream (A, I)

**Friday**

- M** Golden Fish Fingers & Chips & Baked Beans (A, D)
  - V** Mac "N" Cheese served with Broccoli (A, I)
    - S** Fresh Green Salad
    - D** Semolina Pudding or Fruit (A, I)

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29<sup>th</sup> March – 10<sup>th</sup> May – 21<sup>st</sup> Jun

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**Monday Meat free day**

- V Vegetable Fajita Pasta Served with Greens Beans & Sweetcorn (A)
- V Filled Baked Jacket Potato with a choice of Cheese/Beans (A, I)
- S Fresh green salad with cherry tomatoes & olives
- D Seasonal sliced Fruit (Oranges/Grapes/melon)

**Tuesday**

- M Chicken Korma Served with Rice or Nan ( I)
- V Tomato & Mozzarella Pizza Served with Garlic Bread (A, I) (ONLY AL NOOR)
- S Fresh Salad
- D Lemon Drizzle Cake (A, G, I)

**Wednesday**

- M Cheeseburger Served with chips (A)
- V Vegetable Burger Served with Chips (A)
- S Fresh green Salad
- D Low sugar oat and pumpkin seed biscuit & Fruit Slices (A, I)

**Thursday**

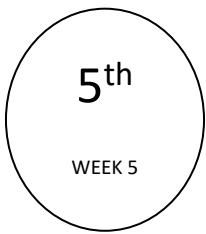
- M Meat lasagne with sweetcorn served with Garlic Bread (A, I)
- V Vegetable Pizza in a baguette (A, I)
- S Fresh Salad
- D Jelly & Ice Cream (I)

**Friday**

- M Fish Fingers with wedges & Baked Beans (A, D)
- V Vegetable Bites (IA, I)
- S Salad
- D Selection of Fruits (Melon/Pineapple/Oranges)

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5<sup>th</sup> April – 17<sup>th</sup> May – 28<sup>th</sup> Jun



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**Monday Meat free day**

- ✓ Tagliatelle with creamy Sauce Served with Cheese & Sweetcorn (A)
- ✓ Filled Baked Jacket Potato with a choice of Cheese/Beans (A, I)
- S Fresh green salad with cherry tomatoes & olives
- D Seasonal sliced Fruit (Melon/Oranges/Grapes)

**Tuesday**

- M Mince Pilau rice served with peas & yogurt (I)
- ✓ Vegetarian Noodles (A)
- S Salad
- D Banana Custard With biscuit (I)

**Wednesday**

- M Sausages & Chips served with Baked Beans (A)
- ✓ Quorn Sausages & Chips Served With Baked Beans (A,G)
- S Fresh Salad
- D Seasonal Sliced Fruit (Apples/oranges/Grapes)

**Thursday**

- M Chicken, Potato & sweetcorn Pie served with Green Beans & Carrots (A, I)
- ✓ Vegetable Stromboli Served with Garlic bread (A, I)
- S Salad
- D Marble Sponge Cake with Custard (A, G, I)

**Friday**

- M Fish Fingers served Homemade chips & with Mushy peas (A)
- ✓ Bean Burger in a Bun served with Homemade chips (A)
- S Salad
- D Low sugar Caramel Tart or Fruit (A, I)

12<sup>th</sup> April – 24<sup>th</sup> May - 5<sup>th</sup> Jul

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**Monday Meat free day**

- ✓ Spaghetti Pasta Served with Vegetable tomato sauce & cheese (A)
- ✓ Filled Baked Jacket Potato with a choice of Cheese/Beans (A, I)
  - S Fresh green salad with cherry tomatoes & olives
  - D Seasonal sliced Fruit (Apples/Oranges/melon)

**Tuesday**

- M Loaded Fries served with Chicken Mince (A)
- ✓ Potato chickpeas curry Served with Basmati Rice
  - S Salad Sticks/Coriander/spring onion & Yogurt
  - D Pineapple upside-down cake (A, G, I)

**Wednesday**

- M Spaghetti Bolognese served Cheese, Sweetcorn & Garlic Bread
- ✓ Spaghetti Quorn Bolognese Served with Garlic Bread (A, G)
  - S Cucumber Sticks
  - D Oranges/Melon & Crackers with Grated Cheese (A, I)

**Thursday**

- M Jerk Chicken Served with Boiled mixed herbs potatoes & Peas (A, I)
- ✓ Spinach & Potato Curry served wholemeal bread or Nan (A)
  - S Carrot & sweet Corn
  - D Jelly & Ice Cream (I)

**Friday**

- M Fish Fingers & Chips served with Baked Beans (A, D)
  - ✓ Cheese Flan with Baked beans (A)
  - S Salad
- D Chocolate Puddle Pudding with Mandarin puree & Sliced Fruits (A, G, I)

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