



# al-noor

PRIMARY SCHOOL

## Week 1 MENU

**Date:**


	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat meal	Jerk Chicken	Cottage Pie	Season Roast Chicken Leg	Lamb Biryani	Battered Fish Fillet
Main Vegetarian Meal	Lentil & Vegetable curry	Vegetable Cottage Pie	Vegetable Nuggets	Cauliflower & Potato Curry	Macaroni Cheese
Sides	Rice & Peas Sweetcorn Broccoli	Beans Carrots	Roast Potatoes Green Beans Cauliflower	Rice Mix Vegetables	Chips Peas
Dessert	Shortbread Biscuit	Fruit Jelly	Apple Pie Custard	Cheese & Crackers	Yoghurt

*(There will be daily provision of salads, fruit, sandwiches, jacket potatoes, wholemeal bread, water & milk)*



**All Season  
FOODS**





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## Week 2 MENU

**Date:** \_\_\_\_\_


	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat meal	Peri Peri Chicken Drumstick	Penne Pasta Beef Bolognese	Chicken & Sweetcorn Pie	Chicken Chow Main	Giant Fish Fingers
Main Vegetarian Meal	Tomato & Basil Pasta Bake	Cheese & Onion Pie	Vegetable Hotpot	Vegetable Chow Main	Meat Free Sausage Roll
Sides	Savoury Rice Baby Carrot Cauliflower	Garlic Bread Sweetcorn Green Beans	Mashed Potato Mixed Vegetables	Corn on Cob	Lattice Potatoes Beans Peas
Dessert	Apple Crumble Custard	Rice Pudding	Peach & Orange Jelly	Pineapple Upside down Cake	Ice Cream

*(There will be daily provision of salads, fruit, sandwiches, jacket potatoes, wholemeal bread, water & milk)*



**All Season  
FOODS**





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## Week 3 MENU

**Date:**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat meal	Moroccan Chicken Drumstick	Meat Feast Pizza	Chicken Sausages	Grilled Chicken Wings	Fish Fillet
Main Vegetarian Meal	Vegetable Samosa	Margarita Pizza	Quorn Sausage	Jollof Rice	Vegetable Spring Roll
Sides	Cous Cous Green Beans Carrots	Sweetcorn	Mash Potato Cabbage Cauliflower	Rice Broccoli Carrots	Chips Beans Peas
Dessert	Eves Pudding Custard	Jam & Coconut Sponge Custard	Peach & Apricot Crumble Custard	Semolina	Fruit Yoghurt

(There will be daily provision of salads, fruit, sandwiches, jacket potatoes, wholemeal bread, water & milk)



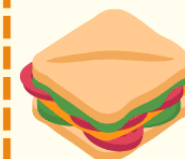
**All Season  
FOODS**



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PRIMARY SCHOOL

## Week 4 MENU



Date:

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Meal	Peri Peri Chicken Drumstick	Lamb Tagine	Beef Lasagne	Tandoori Chicken Drumstick	Fish Cake
Main Vegetarian Meal	Fusilli Pasta in Tomato & Herb Sauce	Vegetable Tagine	Vegetable Lasagne	Chickpea Curry	Quorn Sausage Toad in the Hole
Sides	Potato Wedges	Couscous	Garlic Bread	Rice	Chips
Vegetables	Carrots Peas	Baby Carrots Sweetcorn	Broccoli Cauliflower	Mix Vegetables	Peas Beans
Dessert	Chocolate Sponge & Custard	Apple Pie Custard	Lemon Sponge	Rice Pudding	Ice Cream

(There will be daily provision of salads, fruit, sandwiches, jacket potatoes, wholemeal bread, water & milk)



**All Season  
FOODS**







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## Week 5 MENU

**Date:**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Meal	Mild Chilli Chicken Drumstick	Swedish Style Meat Balls	Seasoned Roast Chicken Drumstick	Chicken Biryani	Battered Cod
Main Vegetarian Meal	Creamy Mushroom Pasta	Quorn Style Balls	Vegetable Pie	Vegetable Biryani	Macaroni Cheese
Sides	Jollof Rice	Mash Potatoes	Roast Potatoes		Chips
Vegetables	Peas	Carrots	Sweetcorn	Mix Vegetable	Peas Beans
Dessert	Semolina Toppings	Apple & Pear Crumble Custard	Banana Custard	Orange Jelly	Shortbread Biscuits & Yoghurts

(There will be daily provision of salads, fruit, sandwiches, jacket potatoes, wholemeal bread, water & milk)



**All Season  
FOODS**



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PRIMARY SCHOOL

## Week 6 MENU

**Date:**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Meal	BBQ Chicken	Turkey Carbonara	Mince Beef & Onion Pie	Yaka tori Chicken Steam Bun	Battered Cod
Main Vegetarian Meal	Sweet & Sour Vegetables	Macaroni Cheese	Meat Free Casserole	Spicy Bean Burger	Roasted Vegetable Quiche
Sides	Egg Fried Rice	Spaghetti	Roast Potatoes		Chips
Vegetables	Broccoli	Sweetcorn	Mix Vegetable	Corn on the Cob	Peas Beans
Dessert	Cheese & Crackers	Strawberry Jelly	Banana Slices Custard	Peach Crumble Custard	Yoghurt

(There will be daily provision of salads, fruit, sandwiches, jacket potatoes, wholemeal bread, water & milk)

**All Season FOODS**