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		Monday	Tuesday	Wednesday	Thursday	Friday	
	Main Meat	Chicken	Lamb Tagine	Beef meat	Thai Red	Spicy Fish	9
	Meal	Fusilli		balls	Chicken		
					Curry		
	Main	Cheese &	Vegetable	Quorn balls	Chickpea	Falafel with	
	Vegetarian	Tomato	Tagine		Curry	hummus	
	Meal	pasta bake					ļ
j	Sides	Garlic Bread	Couscous	Spaghetti	Rice	Chips	
	Vegetables	Carrots	Baby	Broccoli	Mix	Peas	
			Carrots	Cauliflower	Vegetables	Beans	
			Sweetcorn				
	Dessert	Chocolate	Apple Pie	Lemon	Apricot &	Rice	
		Sponge &	Custard	Muffin	Peach	Pudding	
		Custard			Crumble	Jam Topping	6
				A	Custard		



FOODS















