

**ALLERGY INFORMATION**  
 If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



Available Daily  
 - Bread with butter  
 - Daily salad selection  
 - Jacket potato with a choice of cheese or margarine.

**ALLERGEN KEY**

**A** Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs  
**H** Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

**Week 1**

**Week 2**

2nd Sep / 14th Oct / 25th Nov

9th Sep / 21st Oct / 2nd Dec

**Monday**

**Meat free day**

- ✓ Penne pasta bake served with sweetcorn & peas (A, I, J, )
- ✓ Jacket Potato with a choice of cheese/beans/ tuna (I,D)
- S Salad
- D Fruit

**Meat free day**

- ✓ Lentil dhal and sweet potato curry served with basmati rice
- ✓ Jacket Potato with a choice of cheese/beans (I,)
- S Salad
- D Fruit

**Tuesday**

- M Chicken fillet burger served with wedges (A)
- ✓ Vegetable burger served with wedges (A)
- S Salad
- D Lemon Cake (A, I, G)

- M Cajun Grilled Chicken Served With Roast Potatoes & Peas
- ✓ Chickpea Curry
- S Salad
- D Jelly

**Wednesday**

- M Spaghetti Bolognese (A, J, H)
- ✓ Cheese & Tomato Pasta (A, I, J)
- S Salad
- D Cheese Crackers Or Fruit (A, I)

- M Cheesy Sheperds pie served Green beans (A, I, J)
- ✓ Vegetarian Sheperds Pie (A, I, J)
- S Salad
- D Fruit

**Thursday**

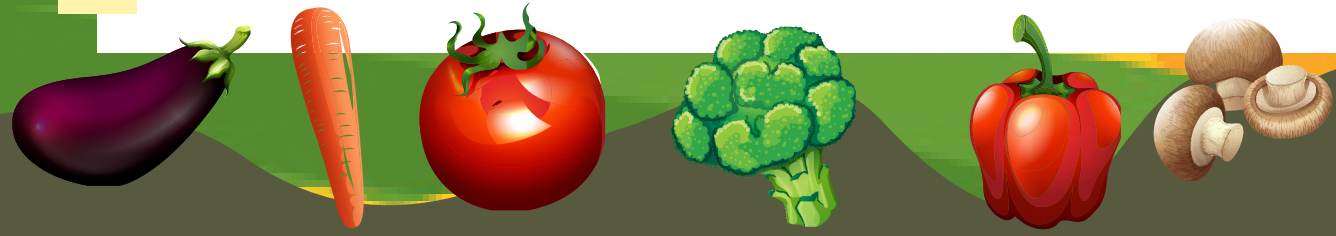
- M Chicken Balti Curry served with basmati rice
- ✓ Egg and potato Curry (G)
- S Salad
- D Cookie (A, I)

- M Chicken Biryani (I)
- ✓ Vegetarian Biryani (I)
- S Raita (A, I, G)
- D Chocolate Sponge Cake (A, I, J)

**Friday**

- M Fish fingers & chips served with baked beans or peas (A, D)
- ✓ Cheese & tomato toastie served with baked beans (A, I)
- S Salad
- D Fruit

- M Fish fingers & chips served with baked beans (A, D)
- ✓ Pizza baguette (A, I, J)
- S Salad
- D Fruit



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**Week 3**


**Week 4**


16th Sep / 28th Oct / 9th Dec

23rd Sep / 4th Nov / 16th Dec


**Monday**  **Meat free day**  
 ✓ Vegetable rice served with yoghurt (I)  
 ✓ Jacket Potato served with a choice of cheese/beans (I)  
 S Salad  
 D Fruit

**Monday**  **Meat free day**  
 ✓ Vegetable fajita pasta with sweetcorn (A, I, J, H)  
 ✓ Jacket Potato served with a choice of cheese/beans (I)  
 S Salad  
 D Fruit

**Tuesday**  **M** Chicken served with boiled carrots & Couscous  
 ✓ Dhal served with pita bread  
 S Salad  
 D Cake Of The Day (A, G, I)

**Tuesday**  **M** Butter Chicken served with basmati rice (I)  
 ✓ Bombay Potato curry served with basmati rice  
 S Salad  
 D Cornflake Tart Served With Custard (A, I)

**Wednesday**  **M** Great British bangers and mash potato served with baked beans and gravy (A, I, J, H)  
 ✓ Vegetarian Quiche (A,I)  
 S Salad (A,J)  
 S Salad  
 D Fruit

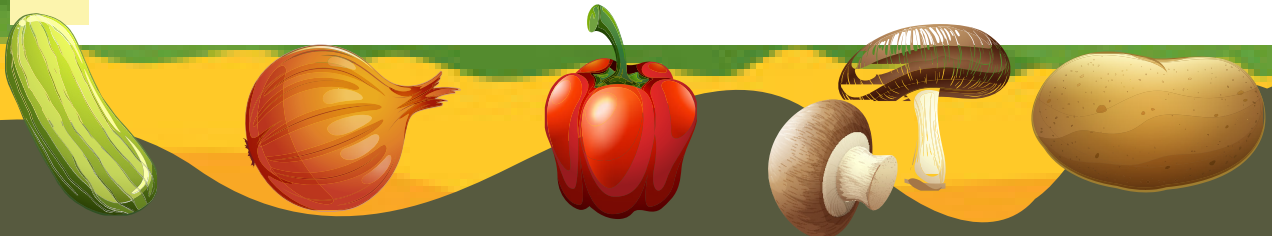
**Wednesday**  **M** Cheeseburger served with wedges (A, J, H)  
 ✓ Veggie burger served with wedges (A)  
 S Salad  
 D Fruit Or Yoghurt (I)

**Thursday**  **M** BBQ spiced chicken served with boiled carrots/ Savoury Rice (A, I)  
 ✓ South African Curry and Rice  
 S Salad  
 D Raspberry Sponge cake (A, G, I)

**Thursday**  **M** Mince Keema pizza (A, I)  
 ✓ Margherita pizza (A, I)  
 S Pasta Salad (A, I, G)  
 D Jelly

**Friday**  **M** Fish fingers & chips served with sweetcorn and baked beans (A, D)  
 ✓ Cheese Toastie (A, I)  
 S Salad  
 D Fruit

**Friday**  **M** Fish fingers & chips served with baked beans (A, D, H)  
 ✓ Mac & Cheese with roasted broccoli (A, I)  
 S Salad  
 D Fruit



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**Week 5**

30th Sep / 11th Nov

**Week 6**

7th Sep / 18th Nov

**Monday**

**Meat free day**

- V Linguine with creamy tomato mascarpone sauce served with sweetcorn (A, I, J, H)
- V Jacket potato with a choice of cheese/beans (I)
- S Salad
- D Fruit

**Meat free day**

- V Lebanese Chickpea Curry Served With Rice
- V Jacket potato with a choice of cheese/beans (I)
- S Salad
- D Fruit

**Tuesday**

- M Chicken tagine served with rice
- V Moroccan Style Spinach and potato curry served with rice
- S Salad
- D Cinnamon Sponge Cake (A, G, I)

- M Turkish meat balls in tomato sauce served with spaghetti (A, I, J, H)
- V Vegetable Guvec (A, I, J, H)
- S Salad
- D Lemon & Courgette Cake (A, G, I)

**Wednesday**

- M Spaghetti Bolagnese (J, H)
- V Cauliflower Cheese Bake (A, I)
- S Salad
- D Yoghurt Or Fruit (I)

- M Peperoni pizza (A, I)
- V Margherita pizza (A, I)
- V Penne pasta bake served with sweetcorn & peas (A, I, J)
- S Salad
- D Yoghurt (A, I)

**Thursday**

- M Honey & lime flavoured chicken served with herby potato, green beans and gravy (A, J, I)
- V Savoury Rice (J, H)
- S Salad
- D Chocolate Chip Cookie (A, I)

- M Chicken Wings With Jollof Rice (J, H)
- V Bombay Potato Toasties (A)
- S Carrots And Peas
- D Jelly (A, G, I)

**Friday**

- M Fish fingers & chips served with mushy peas or baked beans (A, D)
- V Cheese Flan (A, I)
- S Salad
- D Fruit

- M Fish fingers & chips served with baked beans and sweetcorn (A, D)
- V Pizza Baguette (A, I)
- S Salad
- D Fruit

