

**ALLERGY INFORMATION**  
 If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



Available Daily

- Bread with butter
- Daily salad selection
- Jacket potato with a choice of cheese or margarine.

**ALLERGEN KEY**

**A** Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs  
**H** Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

**Week 1**

**Week 2**

3rd Sep / 13th Oct / 24th Nov

8th Sep / 20th Oct / 1st Dec

**Monday**

**Meat free day**

- ✓ Cheese Pasta (A, I)
- ✓ Jacket Potato with a choice of Cheese/Beans/Tuna (I, D)
- S Salad
- D Fruit

**Meat free day**

- ✓ Lentil Dhal served with Basmati Rice
- ✓ Jacket Potato with a choice of Cheese/Beans (I)
- S Salad
- D Fruit

**Tuesday**

- M Chicken Fillet Burger served with Wedges (A)
- ✓ Quesadilla Cheese (A, I)
- S Salad
- D Lemon Cake (A, I, G)

- M Cajun Grilled Chicken served with Roast Potatoes & Peas
- ✓ Chickpea Curry
- S Salad
- D Jelly

**Wednesday**

- M Spaghetti Bolognese (A, J, H)
- ✓ Cheese & Tomato Pasta (A, I, J)
- S Salad
- D Cheese Crackers Or Fruit (A, I)

- M Cheesy Sheperds Pie served Green Beans (A, I, J)
- ✓ Bombay Sandwiches / Toasties (A, I, J)
- S Salad
- D Fruit

**Thursday**

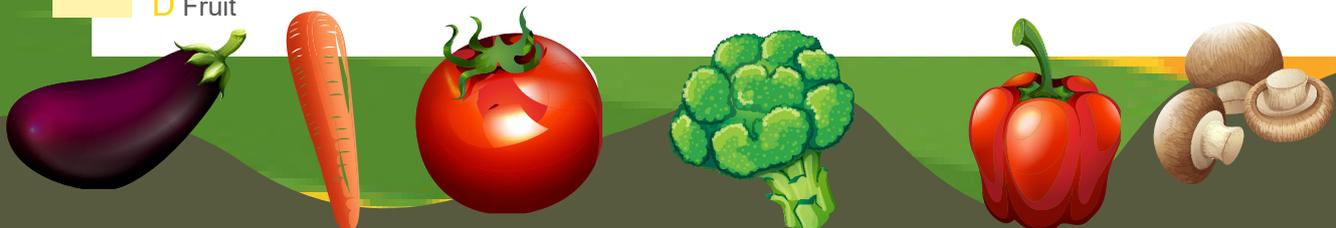
- M Chicken Balti Curry served with Basmati Rice
- ✓ Egg & Potato Curry (G)
- S Salad
- D Cookies (A, I)

- M Chicken Biryani (I)
- ✓ Savoury Rice (I)
- S Raita (A, I, G)
- D Chocolate Sponge Cake (A, I, J)

**Friday**

- M Fish Fingers & Chips served with Baked Beans or Peas (A, D)
- ✓ Cheese & tomato Toastie served with Baked Beans (A, I)
- S Salad
- D Fruit

- M Fish Fingers & Chips served with Baked Beans (A, D)
- ✓ Pizza Baguette (A, I, J)
- S Salad
- D Fruit



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**Week 3**

**Week 4**

15th Sep / 27th Oct / 8th Dec

22nd Sep / 3rd Nov / 15th Dec



**Monday**

**Meat free day**  
 V Mac & Cheese (A, I)  
 V Jacket Potato served with a choice of cheese/beans (I)  
 S Salad  
 D Fruit

**Meat free day**  
 V Vegetable Fajita Pasta with Sweetcorn (A, I, J, H)  
 V Jacket Potato served with a choice of cheese/beans (I)  
 S Salad  
 D Fruit



**Tuesday**

M Chicken served with Rice  
 V Dhal served with Pita Bread  
 S Salad  
 D Cake Of The Day (A, G, I)

M Butter Chicken served with Basmati Rice (I)  
 V Bombay Potato Curry served with Basmati Rice  
 S Salad  
 D Orange Cake (A, I, G)



**Wednesday**

M Great British Bangers & Mash Potato served with Baked Beans & Gravy (A, I, J, H)  
 V Vegetarian Quiche (A, I)  
 S Salad  
 D Fruit

M Cheeseburger served with Wedges (A, J, H)  
 V Cheese Toasties (A, I)  
 S Salad  
 D Fruit Or Yoghurt (I)



**Thursday**

M BBQ Spiced Chicken served with Yorkshire Pudding (A, I)  
 V South African Curry & Rice  
 S Salad  
 D Biscuits (A, I)

M Mince Keema pizza (A, I)  
 V Margherita pizza (A, I)  
 S Pasta Salad (A, I, G)  
 D Jelly



**Friday**

M Fish Fingers & Chips served with sweetcorn & Baked Beans (A, D)  
 V Cheese Toastie (A, I)  
 S Salad  
 D Fruit

M Fish Fingers & Chips served with Baked Beans (A, D, H)  
 V Mac & Cheese with Roasted Broccoli (A, I)  
 S Salad  
 D Fruit



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**Week 5**  
 29th Sep / 10th Nov

**Week 6**  
 6th Oct / 17th Nov

**Monday** 

**Meat free day**  
 ✓ Linguine with Creamy Tomato Mascarpone Sauce served with Sweetcorn (A, I, J, H)  
 ✓ Jacket potato with a choice of cheese/beans (I)  
 S Salad  
 D Fruit

**Tuesday** 

**M** Chicken Potato with Gravy served with Rice  
 ✓ Moroccan Style Spinach & Potato Curry served with Rice  
 S Salad  
 D Cinnamon Sponge Cake (A, G, I)

**Meat free day** 

✓ Lebanese Chickpea Curry served with Rice  
 ✓ Jacket potato with a choice of cheese/beans (I)  
 S Salad  
 D Fruit

**Wednesday** 

**M** Spaghetti Bolagnese (J, H)  
 ✓ Cauliflower Cheese Bake (A, I)  
 S Salad  
 D Yoghurt Or Fruit (I)

**M** Peperoni pizza (A, I)  
 ✓ Margherita pizza (A, I)  
 S Salad  
 D Yoghurt (A, I)

**Thursday** 

**M** Honey & Lime Flavoured Chicken served with Herby Potato, Green Beans & Gravy (A, J, I)  
 ✓ Savoury Rice (J, H)  
 S Salad  
 D Cookies (A)

**M** Chicken Wings served with Jollof Rice (J, H)  
 ✓ Bombay Potato Toasties (A)  
 S Carrots & Peas  
 D Jelly

**Friday** 

**M** Fish Fingers & Chips served with Mushy Peas or Baked Beans (A, D)  
 ✓ Cheese Flan (A, I)  
 S Salad  
 D Fruit

**M** Fish Fingers & Chips served with Baked Beans & Sweetcorn (A, D)  
 ✓ Pizza Baguette (A, I)  
 S Salad  
 D Fruit

